



Packing List



R – Indicates items available to rent from UCMC

Shelter and bedding

- R Tent with rainfly and ground sheet
OR
- R Hammock with rainfly
- R Sleeping pad
- R Sleeping bag (10 degrees warmer than weather)
 - Camping Pillow (Optional)

Cooking and eating

- R Stove
- R Fuel
 - Lighter
- R Pots and pans
 - Multitool or pocket knife
 - Food
 - Trail snacks
 - Breakfast (oatmeal, pancakes, etc.)
 - Dinner (Freeze Dried, Ramen, Potatoes, etc.)

Water

- R Water filter, iodine, other purification
- R Water bottles or bladder (3L Capacity Minimum)

Clothing and laundry

- 1 Change of Clothes Per Every 3 Days
- Hiking shoes and camp shoes (flip-flops)
- 1 Change of Socks Per Every 2 Days
- Hat
- Warm layers (Depending on Weather)
- Small Towel
- Rain Jacket

First aid & hygiene

- Medication, prescriptions, ibuprofen
- Bandages, tape, gauze, elastic wraps
- Sunscreen
- Bug spray
- Toilet paper
- Biodegradable soap or Shampoo

General Equipment

- R Backpack (40-70 Liters depending on trip)
- R Backpack rainfly
- R Stuff Sacks
- R Trekking Poles
- R Trowel (You might need to poo in the woods)
- R Headlamp
 - Duct Tape and Ziplock bags (for emergency repairs and waterproofing)

For Climbing Trips

- R Harness
- R ATC
- R Helmet
- R Climbing Shoes
- R Chalk Bag

For Caving Trips

- R Helmet
- R Caving Bag
- R Caving Headlamp
- R Knee Pads
 - Work Gloves

For Mountaineering Trips

- R Harness
- R Helmet
- R Mountaineering Boots
- R Gaiters
- R Ice Axe
- R 4 Season Tent
- R Snow Pickets
- R Snow Shovel
- R Avalanche Probe

Certain trips may require more specialized gear, each trip leader typically provides a packing list for larger trips such as Fall Reading Days and Spring Break. This is meant as a guide, not an end all be all list of what you need, everyone is different.