

<b>Standard Backpacking Gear List</b>	
	Lighter/matches and firestarter
*	Stove (share with cooking group of 2-4 people)
*	Fuel (share with cooking group of 2-4 people)
*	Cooking pot (share with cooking group of 2-4 people)
*	Pot gripper thingy
	Spork (buy cheap from Walmart)
*	Plate or bowl (buy cheap from Walmart)
	grocery bag to put your food in
	pocket knife
	Water bottles - A capacity of 2 liters is ideal
*	Tent (share with someone)
*	Sleeping bag
	Small pillow
*	ground pad
	clothes - don't bring anything made of cotton.
	Hiking boots. Should be high-top, over-the-ankle.
	Jacket - check weather before the trip
	Set of clean clothes for trip home (put in grocery bag)
	Rain gear - I usually just bring a large trash bag and cut a hole in the top.
	- ^ If it looks especially rainy, I bring a second trash bag to put my pack in at night.
	Water shoes / in-camp shoes - feels good to change shoes after hiking. Crocs or sandals are good.
	water filter (1 per 3-4 people)
*	Backpack
	Deodorant
	Toothbrush
	Toothpaste - find the small trial sizes
	Sunscreen - depends on the elevation and time of year
*	Cathole trowel and toilet paper
	Comb or small brush
	Bug spray
	duct tape for making gear repairs (not everyone in the group needs to carry this)

	Digital camera (or cameraphone)
*	Headlamp
	Hand sanitizer in a small bottle
	Food - Bring all your own food. Needs to be high calorie to weight ratio and non-spoilable. Popular choices:
	Breakfast - oatmeal packets, granola bars, pop tarts, ect.
	Lunch - granola bars, trail mixes, individual apple sauces, pita bread w/ nutella ect. Anything that doesn't need to be cooked or refrigerated
	Dinner - Anything that can be boiled in water, such as pasta or rice.
* = Borrow from UCMC Gear Space	